



Sunderland Massed Sing

Live from The Tall Ships Races Sunderland 2018



Teachers' Resource Pack

Supported by:



Welcome!

We are really pleased that you are joining us for this special live online broadcast. This pack will provide you with information about the performance - how to tune in, what to expect, and information about the performers, the music and the instruments, with some activity ideas to help you plan with your pupils in mind.

This Live Broadcast will enable schools across the country to be part of The Tall Ships Races Sunderland 2018

The Tall Ships Races take place around the world every year and this year Sunderland has been chosen as the start port. We will welcome a majestic fleet of Tall Ships to take part in a colourful four day festival of culture and entertainment across the city.

The Tall Ships arrive in the port on Tuesday 10 July and on Wednesday 11 July will provide the backdrop for school choir performances which will be **live streamed**, so pupils can join in from the classroom. We'd be delighted if you'd join us by watching, or even joining in with the songs, in celebration of the Tall Ships arriving in the city.

This broadcast is part of **Connect: Resound**, a project which brings musical experiences to schools via the internet, including instrumental lessons and live music performances. Led by music development charity NYMAZ, the project works with partners to help overcome the barriers that those based in rural areas can face when providing musical opportunities for children and young people.

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1 How to tune in

The performance will take place on:

Wednesday 11th July 2018, 9.45 am – 12.30 pm

To view the performance, simply click on:

www.connectresound.live

We advise that you test the link in advance of the performance. Please click on the 'Broadcasts' tab on the website and click on a previous performance to ensure you can access our YouTube page.

FAQ's:

What will we see when we turn the stream on?

You'll see a welcome screen before the live broadcast starts at 9.45 am

Will there be a live audience there too?

Yes – we'll be broadcasting from the banks of the River Wear, with a live audience watching the singers alongside you, as well as all the other viewers watching the live stream from their schools

Does the room you're watching in need to be dark?

It's up to you – being in the dark might add to the atmosphere!

How long is it? 140 minutes. If you can't watch the whole event, do join us at 11am for the chance to sing along as part of our, hopefully record breaking, Massed Sing!

How will you know we're watching and taking part?

You can tweet us @Sunmushub. Please use #wearesinging to let us know you're joining in! Cut and paste the following with any pictures or videos you'd like to share so we can total participant numbers and trend singing:

#wearesinging @tallshipssund with (insert number) of children and adults enjoying joining in @sunmushub @NYMAZmusic @charanga-music @SingUptweets .

2 About the performance

Using the backdrop of The Tall Ships Races, school choirs from across Sunderland are performing on Wednesday 11 July, in a spectacular open air choral concert from the banks of the Wear.

You are invited to join them from your classroom - and to sing along! Each choir will perform for five minutes, with a massed sing at 11.00 am led by 2 schools, East Herrington Primary Academy and St Anthony's Academy singing the following 3 songs:

- 1 Jack He Was A Sunderland Lad (arranged by Sunderland based Keith Gregson, sung to the tune of the Keel Row - <https://www.nymaz.org.uk/for-young-people/listen>)
- 2 Three Little Birds (Bob Marley and the Wailers)
- 3 Heroes, We Could Be (See credits below)

If you're singing along, let us know by tweeting **@Sunmushub** and including **#wearesinging** in your tweet

Sunderland Music Hub is working with Sunderland Council to ensure all schools and children are able to join in with the fun. The Voices Foundation were commissioned to curate a Songs for Sunderland bank of songs for schools to learn, in the build-up to the Massed Sing.

Sunderland schools can access this Song Bank through their Music Hub SLA Charanga membership, at <http://www.sunderlandmusicdigital.org.uk>.

In addition, all Sunderland schools can download music, backing tracks and activities for *Heroes, We Could Be, and Three Little Birds* from www.singup.org.

Please contact Sunderland Music Hub direct to access Charanga and Sing UP! Subscriptions through your music SLA, or if you have any other questions regarding taking part.

Schools outside of Sunderland may also be able to access Charanga and Sing UP subscriptions either through individual school membership, or your local Music Education Hub. Alternatively there are plenty of online versions through YouTube to practice the songs before joining in at 11am on 11th July.

2a) Tall Ships Big Sing at Sunderland Empire

Sunderland Music Hub is also hosting a Big Sing on July 11th (am) in partnership with Sunderland Empire for schools not able to take part in the performance. 18 schools have already registered their interest. Led by local vocal practitioners Laura Taylor and Ashleigh Lowes, we are asking all schools to learn the following songs so children can join in from the auditorium:

Heroes
3 Little Birds
Jack he was a Sunderland Lad (only on Charanga)
Happy
Celebration
Roll the Old Chariot
Hold Back the River
Under the Sea
Water
Unst Boat Song
Wade in the Water
Great Day
I Love the Flowers
Sumer is Icumen in
Walking on Sunshine
Longship Round

All the songs are available to practise through Sing UP subscriptions, available to all Sunderland schools through the new Music SLAs. Workshops to learn the songs will take place as part of our Primary Music Network day on April 19th, and later in the term. Workshops can also be arranged for your school. Please contact Sunderland Music Hub if you have any questions about taking part in the Big Sing, or your Sing UP subscription and music SLA.

At 11am all the children will join in with the St Peter's Campus massed song activity, hopefully via the live link stream.

3 About The Tall Ships Races



Sunderland is the start host port for The Tall Ships Races 2018.

The majestic vessels will congregate in the River Wear and Port of Sunderland as they prepare to embark on a spectacular race covering over three hundred nautical miles to Esbjerg in Denmark, a cruise in company to Norway, calling at the coastal city of Stavanger, then undertaking the final leg of the 2018 Races to the beautiful city of Harlingen in the Netherlands.

In total they will cover more than one thousand nautical miles over three weeks, giving thousands of young people a thrilling sail training experience, developing new skills, sharing fantastic memories and making friendships that will last a lifetime.

The first race took place in 1956, with the intention of fostering good relations and understanding between young people of different countries. The Tall Ships Races is now an annual event and is held each summer in European waters. The race usually attracts between 70 and 100 ships.

4 Maritime Marvels

The Port of Sunderland

Sunderland has a proud maritime history. The Port of Sunderland was created in 1717 and developed into a major trading port. As the years progressed, the port saw major improvements in navigation and trade as new piers, docks, lighthouses, warehouses, quays, bridges, railways and coal shipping facilities were built. Equally important was the progressive deepening of the harbour and river, which allowed longer and deeper vessels to use the port. The River Wear's development can be attributed to the need to transport coal from the Durham coalfield, which led ultimately to Sunderland becoming one of the UK's leading coal and agriculture exporting ports and then achieving the proud distinction of being the largest shipbuilding town in the world.

Jack Crawford - Hero of the Sea

The song 'Jack He Was a Sunderland Lad' celebrates the bravery of Jack Crawford. Jack was born in 1775. He was sent to work on the Keels as a cabin boy as a young child and went on to serve in the Royal Navy on HMS Venerable. During a key battle against the Dutch, the ship's colours were shot down and young Jack scaled the rigging to nail the colours to the ship's mast. He was hailed a national hero.



Jack's daring deed!

¹ <https://northeastlore.com/2015/12/08/jack-crawford-the-hero-of-camperdown/>

Maritime Activities – these can be differentiated for KS1,2 and 3

This is a great opportunity to explore this period of maritime history through story. You can discuss with your pupils the role of patriotism, flags and travel through the story of Jack!

What Makes a Hero?

- **Discussion:** Why do you think Jack was thought of as a hero? Who is your hero? Why?
- **Activity:** Can you come up with a story about a maritime hero? You could create a storyboard, poster or even act it out!
- **Visits:** visit a local museum or art gallery and find out about local heroes! How do portraits and paintings show that the person is important or heroic? Can you make your own portrait of a hero?
- **Challenge:** Origami! Can you race against the clock to make a fleet of origami boats that really float? If you make the boats really well, do you think you could sell them - how much for? What would help them to sell better? A company logo? A well designed boat? Great marketing? How much would the materials cost and how many boats would you need to sell to make a profit?
- For more on Jack: <http://bit.ly/2psDhfw>

For schools in Sunderland, you can explore more activities like this at venues across the City as part of the Tall Ships School Experience Programme. The schools programme brochure can be downloaded via the following link: <https://www.tallshipssunderland.com/get-involved/schools-programme>

5 Musical Activities

Jack He was a Sunderland Lad

(arranged by Sunderland based Keith Gregson)

The backing track is available to schools in Sunderland via Songs of Sunderland bank listed on Charanga. If your school is not in Sunderland, please click here to access the backing track <https://soundcloud.com/nymaz-music/jack-he-was-a-sunderland-lad-backing-track>)

Sung to the tune of The Keel Row. You can find out more about the history of the song, including original and alternative lyrics and hear the traditional North East tune here: https://en.wikipedia.org/wiki/The_Keel_Row

Starter Activity

To develop understanding of rhythm using words look at clapping your favourite food in short phrases : 'I like fish and chips' 'I like bananas' emphasising each syllable with a clap.

Activity 1 – Focus: rhythm

Sing the song with the children, using the backing track to help you.

When they are confident with the melody try replacing Sunderland with other place names? How does the name of the town affect the song? It might be harder to sing shorter names such as Hull. How does this change the music?

Activity 2 – Focus: literacy and composition

Can children re-write verses based on members of their class?

As an extension, leave out the names of the children in the class and ask the children to write the song based on descriptions of their friends. Can they guess their friends? How well do they know each other?

Activities 1 & 2 reproduced with thanks from www.charanga.com

Activity 3

Can the children come up with alternative lyrics suited to your school/geography/identity etc? Could the children research local famous women and come up with alternative lyrics to celebrate this centenary year of women getting the vote, for example?

Activity 4

You can explore singing different members of the class' names in the verses to see how that changes the song. Looking at the second verse:

'He wears a blue bonnet,
Blue bonnet, blue bonnet,
He wears a blue bonnet
A dimple in his chin.

Can the group re-write it and base it on members of their class? See if you can guess who each verse is about!

For older groups (KS3) you could introduce Folk Music as a topic here and discuss structure of songs, stories through verse and easy repetitive chords – linking to their English Language lessons and poetry studies for a cross-curricula reference. As an extension – they could create their own arrangement of this tune looking at instrument use, creating harmony and developing the musical structure

Three little birds

Before you begin

Familiarise yourself with the tune - <https://www.youtube.com/watch?v=Ore4obZ3BEA> - by listening to the performance track several times - some children may already be familiar with it.

The tune is made up of short fragments, so when learning it, you'll need to focus as much on when to sing as what to sing.

Listen to the organ part. The short, repeated idea in the introduction is called a riff.

As you listen, count out loud to a pulse of four beats. Notice how the guitar plays on beats 2 and 4 (e.g. 1 **2** 3 **4**, 1 **2** 3 **4**) making these beats feel accented. This is called 'skank' in reggae music, and it is one of the defining features of the style.

Notice the structure, which consists of a short instrumental introduction, followed by two choruses, each followed by a verse. The song finishes with a third chorus, and then a one-bar coda (end section).

Teaching and rehearsing the song

Encourage singers to get into the reggae feel, clicking fingers or clapping to the off-beat as they listen.

Teach the song a phrase at a time, either using the echo tracks or by singing each phrase and inviting children to echo you.

Leave the harmony parts until a later session, allowing the main melody to become established.

In order to prepare singers for part singing, warm up with simple rounds or other familiar part music. Then teach each harmony part separately, pointing out that the shape of each melody is.

Development ideas

Try playing the organ riff on a keyboard instrument yourself, or ask any budding piano players you have in your class to play it. You could also try inviting a group of children to sing it in 'scat' style: 'doo-ba-dee doo dat doo-wop'!

Ask a group of children to play the off-beats on wood blocks or claves.

Study the life of Bob Marley as a famous person, focusing on his contribution to pop culture.

Compare and contrast life in Britain with life in the Caribbean.

Did you know ... ?

Three Little Birds was a hit record for Bob Marley in 1980, reaching number 17 in the UK charts.

Audio information:

This song, with all its accompanying materials (activities, lyrics, audio and song sheets) is available online at www.singup.org.

The audio tracks were recorded specially for the Sing Up programme by [Formby High School](#), mixed and mastered by Nic Rowley at Vandborg Studios. The backing track was created specially for the Sing Up programme by Tom Fleming.

Activities reproduced, with thanks, from Sing Up

Heroes, We Could Be

Words by Tove Ebba Elsa Nilsson, David Bowie and Alessandro Lindblad

Music by Tove Ebba Elsa Nilsson, David Bowie, Alessandro Lindblad and Brian Eno

This song, with all its accompanying materials (activities, lyrics, audio and song sheets) is available online at www.singup.org. The performance track was recorded specially for Sing Up by Sharon Durant. The backing track was created by Cliff Bradley.

Before you begin

The melody is in the higher register, so warm up and stretch vocally before singing. Practise the rhythms of parts Parts 2 and 3, and also the body percussion part before teaching.

Warm-up

Clap the rhythm of Part 3 from bars 5 and 6. Then repeat. Do the same for Part 2 at bars 5 and 6. Split into two groups and clap the rhythms at the same time. Ask the group to reflect on how well they did and come up with suggestions for improvement. Use breathing exercises to prepare for long phrases and engage core muscles eg. counting up to 20 on one note using just one breath.

Teaching and rehearsing the song

Teach Verse 1 a phrase at a time, using call and response. Get the group to walk on the spot as they learn the phrases – to reinforce the sense of pulse, and introduce the body percussion. You could start by just saying the words if you don't think the group is too familiar with the tune – but aim to add the melody quickly.

Allow plenty of time to work on the longer phrases in the chorus, such as on the word 'heroes'. Ideally, your singers would work towards singing the whole phrase on one breath – but you may decide that allowing a breath in the middle is acceptable.

Development ideas

Performance ideas

- Your group could research their sporting heroes and make a PowerPoint presentation. They could then sing this song to accompany the slideshow.

- As this is originally a dance track, collaborate with some dancers to perform the song together – or add some simple choreography of your own to enhance your performance.

Activities written by Sharon Dunant and reproduced, with thanks, from Sing Up

6 Useful Links

Connect: Resound Live! www.connectresound.live

Connect: Resound www.connectresound.org.uk

Charanga www.charanga.com or www.sunderlandmusicdigital.org.uk

Sing Up <http://singup.org>

Sunderland Music Hub www.sunderlandmusichub.org.uk

The Tall Ships Races Sunderland 2018 <https://www.tallshipssunderland.com>

The Voices Foundation www.voices.org.uk

Friday Afternoons [www.fridayafternoonsmusic.co.uk/](http://www.fridayafternoonsmusic.co.uk)

NYMAZ

resources for young people

<https://www.nymaz.org.uk/for-young-people/discover>

resources for music professionals working with children and young people

<https://www.nymaz.org.uk/for-professionals/what-we-do-for-professionals>